



# Finding Alignment with Compliance

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# Speaker Introductions



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# What is Cybersecurity?

*Cybersecurity is the practice of protecting systems, networks and programs from digital attacks.*

*That's true but businesses really need a comprehensive solution that protects businesses information, reputation, and continuity!*

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# Cybersecurity

*A comprehensive protection solution includes more than blocking attacks, it includes:*

- *Cyber Tools*
- *Processes*
- *Teams*
- *BCDR Solutions*
- *Assessments*



# Cybersecurity Terms

## Attack

An attempt to bypass security measures implemented by an organization

## Incident

Bypassing one or more of the security measures implemented by an organization

## Breach

Manipulating, extracting, or making data unavailable



# Bad Actors

Solo Bad Actor



Nation States



Organized Crime



**Your data is valuable to Bad Actors, because it's valuable to you!**



# Gaining Access

*Bad actors work to find access into corporate systems through social engineering and testing, and environment vulnerabilities!*

- *Credentials (49%)*

*Solution: Multi-Factor Authentication (MFA)*

- *Phishing (17%)*

*Solution: Security Awareness Training / Email Filter*

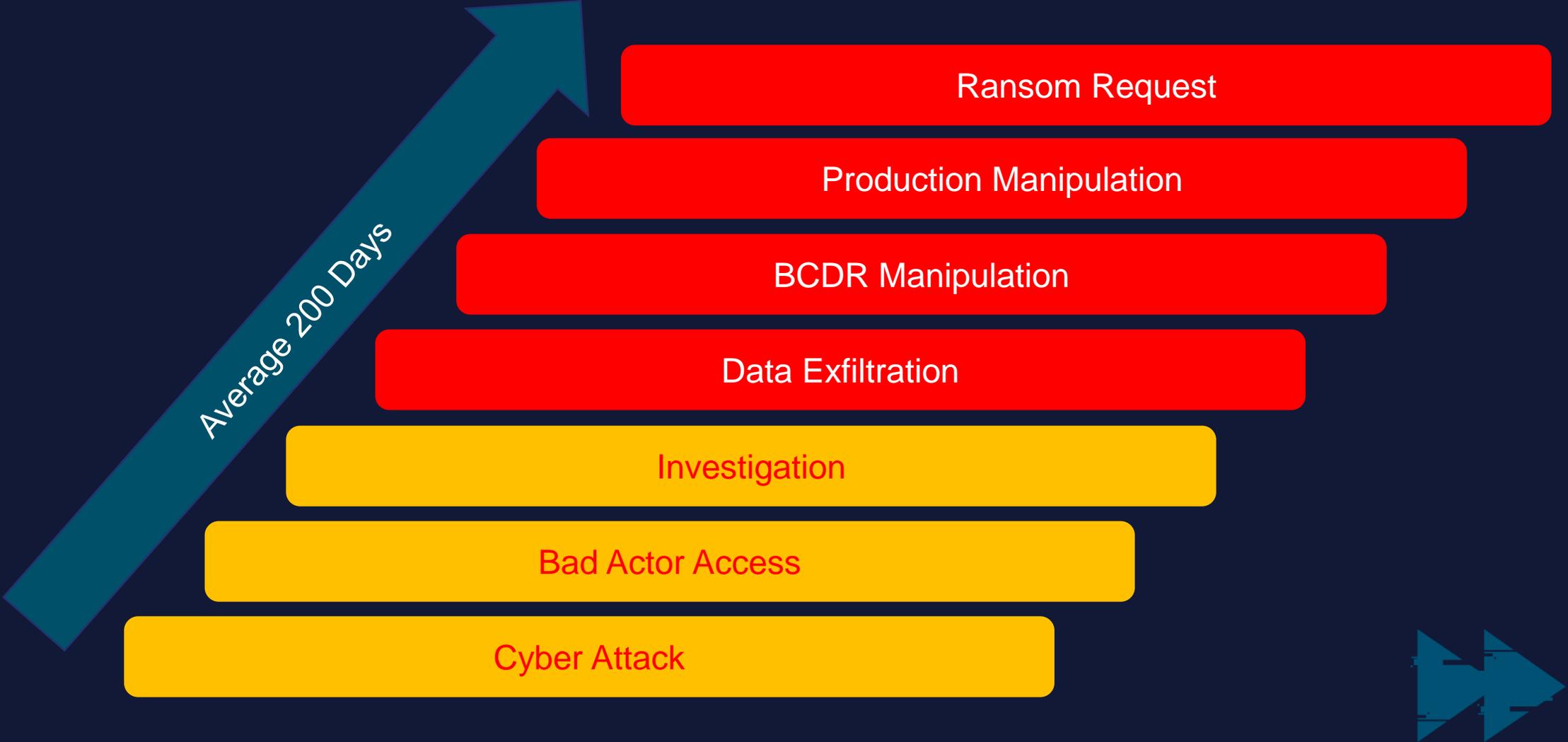
- *Exploits (9%)*

*Solution: System Patching*

\*Verizon 2023 DIBR Report



# Gaining Access is just the start



# What are the driving factors?

*Unfortunately, many SMBs do not believe they are at risk from cyber attacks because they are 'too small'. There is no 'too small', if you have valuable data then you are a target!*

- *Financial (95%)\**
- *Espionage (4%)\**
- *Ideology (>1%)\**
- *Grudge (>1%)\**
- *Other (>1%)\**

**\$10.3 Billion in 2022\*\***

\* Verizon 2023 DIBR Report  
\*\* FBI – Internet Crime Report



# Cybersecurity Layering Options





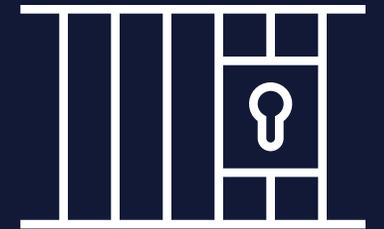
# Compliance & Cybersecurity

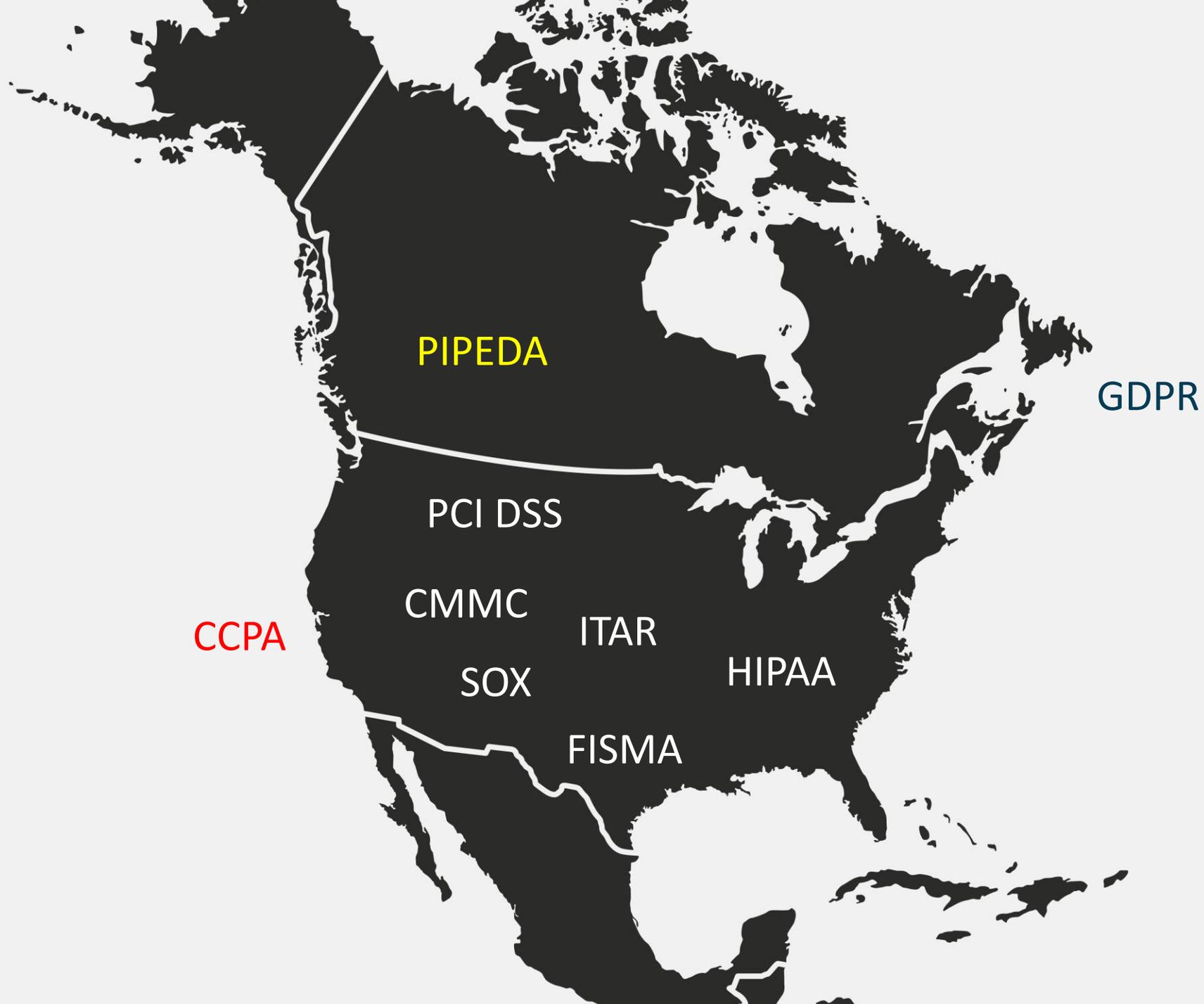
*Many industries required specific people, process, and technologies that naturally are part of a proper cybersecurity solution*



# Challenges with Compliance

- **Understanding Compliance**
- **Aligning Environments**
- **Enforcing Standards**





PIPEDA

GDPR

PCI DSS

CCPA

CMMC

ITAR

HIPAA

SOX

FISMA

# Starting Alignment: Two Main Helpers

<b>CONTROL 01</b> Inventory and Control of Enterprise Assets 17 Controls   10.10   10.11   10.12   10.13	<b>CONTROL 02</b> Inventory and Control of Software Assets 7 Controls   10.10   10.11   10.12   10.13	<b>CONTROL 03</b> Data Protection 14 Controls   10.10   10.11   10.12   10.13
<b>CONTROL 04</b> Secure Configuration of Enterprise Assets and Software 12 Controls   10.10   10.11   10.12   10.13	<b>CONTROL 05</b> Account Management 8 Controls   10.10   10.11   10.12   10.13	<b>CONTROL 06</b> Access Control Management 8 Controls   10.10   10.11   10.12   10.13
<b>CONTROL 07</b> Continuous Vulnerability Management 7 Controls   10.10   10.11   10.12   10.13	<b>CONTROL 08</b> Audit Log Management 10 Controls   10.10   10.11   10.12   10.13	<b>CONTROL 09</b> Email and Web Browser Protections 7 Controls   10.10   10.11   10.12   10.13
<b>CONTROL 10</b> Malware Defenses 7 Controls   10.10   10.11   10.12   10.13	<b>CONTROL 11</b> Data Recovery 8 Controls   10.10   10.11   10.12   10.13	<b>CONTROL 12</b> Network Infrastructure Management 8 Controls   10.10   10.11   10.12   10.13
<b>CONTROL 13</b> Network Monitoring and Defense 11 Controls   10.10   10.11   10.12   10.13	<b>CONTROL 14</b> Security Awareness and Skills Training 8 Controls   10.10   10.11   10.12   10.13	<b>CONTROL 15</b> Service Provider Management 7 Controls   10.10   10.11   10.12   10.13
<b>CONTROL 16</b> Applications Software Security 14 Controls   10.10   10.11   10.12   10.13	<b>CONTROL 17</b> Incident Response Management 8 Controls   10.10   10.11   10.12   10.13	<b>CONTROL 18</b> Penetration Testing 8 Controls   10.10   10.11   10.12   10.13



# Starting Alignment: Safeguards and Controls

NUMBER	TITLE/DESCRIPTION	ASSET TYPE	SECURITY FUNCTION	IG1	IG2	IG3
9.1	<b>Ensure Use of Only Fully Supported Browsers and Email Clients</b>  Ensure only fully supported browsers and email clients are allowed to execute in the enterprise, only using the latest version of browsers and email clients provided through the vendor.	Applications	Protect	●	●	●
9.2	<b>Use DNS Filtering Services</b>  Use DNS filtering services on all enterprise assets to block access to known malicious domains.	Network	Protect	●	●	●
9.3	<b>Maintain and Enforce Network-Based URL Filters</b>  Enforce and update network-based URL filters to limit an enterprise asset from connecting to potentially malicious or unapproved websites. Example implementations include category-based filtering, reputation-based filtering, or through the use of block lists. Enforce filters for all enterprise assets.	Network	Protect		●	●
9.4	<b>Restrict Unnecessary or Unauthorized Browser and Email Client Extensions</b>  Restrict, either through uninstalling or disabling, any unauthorized or unnecessary browser or email client plugins, extensions, and add-on applications.	Applications	Protect		●	●
9.5	<b>Implement DMARC</b>  To lower the chance of spoofed or modified emails from valid domains, implement DMARC policy and verification, starting with implementing the Sender Policy Framework (SPF) and the DomainKeys Identified Mail (DKIM) standards.	Network	Protect		●	●
9.6	<b>Block Unnecessary File Types</b>  Block unnecessary file types attempting to enter the enterprise's email gateway.	Network	Protect		●	●
9.7	<b>Deploy and Maintain Email Server Anti-Malware Protections</b>  Deploy and maintain email server anti-malware protections, such as attachment scanning and/or sandboxing.	Network	Protect			●



# Aligning with Compliance - NIST

## NIST 800-53

National Institute of  
Standards and  
Technologies

- 23 Categories
- 108 Controls



# Aligning with Compliance - CIS

## CIS v8

### Center for Information Security

- 18 Critical Security Controls



### Implementation Group

- IG1 = 56 Safeguards
- IG2 = 130 Safeguards
- IG3 = 153 Safeguards

<b>01</b> Inventory and Control of Enterprise Assets	<b>02</b> Inventory and Control of Software Assets	<b>03</b> Data Protection
<b>04</b> Secure Configuration of Enterprise Assets and Software	<b>05</b> Account Management	<b>06</b> Access Control Management
<b>07</b> Continuous Vulnerability Management	<b>08</b> Audit Log Management	<b>09</b> Email and Web Browser Protections
<b>10</b> Malware Defenses	<b>11</b> Data Recovery	<b>12</b> Network Infrastructure Management
<b>13</b> Network Monitoring and Defense	<b>14</b> Security Awareness and Skills Training	<b>15</b> Service Provider Management
<b>16</b> Applications Software Security	<b>17</b> Incident Response Management	<b>18</b> Penetration Testing



# Enforcement Challenges

- *Set and Forget*
- *Continual Improvement*
- *Internal Policy and Process*
- *Review and Testing*



# 5 Foundational Items for Compliance

- *EDR / MDR: Endpoint or Managed Detect and Response*
- *MFA: Multi Factor Authentication*
- *SAT: Security Awareness Training*
- *IAM/PAM/ZTA: Access Management*
- *BCDR: Business Continuity / Disaster Recovery*



# Reminder: Working from Anywhere = Data Everywhere



# The Real OG: BCDR

*BCDR ensures that you can recover your environment when all else fails!*



## Backup is not enough

Having a copy of your data does not help figure out who does what and when



## Last Line of Defense

Just because you can eventually recover your data does not mean your business will recover



## Data is Everywhere

Work from anywhere = data everywhere



## Financial Impact

Being shutdown is expensive for short periods of time and business threatening for long timelines



# Wrapping it up!

*Compliance is challenging and is a journey. CIS and NIST are great at helping build a framework that simplifies the challenges of alignment. Enforcement is the real hard part.*



## Understand

Knowing your compliance needs and working with a valued partner



## Align

Either you do it or you don't, look at the intention of the control.



## Enforce

Don't set and forget, it's a journey.





# Questions?





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# Thank You!

